

Mini Facelift

What is a Mini Facelift?

A mini facelift or an “S” lift is designed to help improve advanced signs of aging in the mid-face, cheek, and lower eyelid. This procedure can help reestablish facial symmetry, giving an overall lift to the neck and lower third of the face. Mini Facelifts are perfect for people whose skin tone is still good but who would like to minimize the nasolabial folds that run from the outside of the nostrils to the corner of the mouth. Mini Facelifts can also lift the cheeks for a younger, smoother look. They are less invasive than traditional facelifts, recovery is faster and there are fewer risks associated. Mini Facelifts are often called “Weekend Facelifts.”

This procedure can be performed through two different methods, anterior or posterior. The anterior method is for individuals concerned with the lower part of their face. The posterior mini procedure is sometimes referred to as the mini neck lift, due in part that it is geared towards patients who want improvement in the appearance of their neck and jowl area.

How do Mini Facelifts work?

For the most part, the skin is lifted from the underlying tissue and the surgeon will operate on one side of the face at a time, removing a narrow S-shaped section of skin from the area. The lifted skin and underlying muscles are tightened, repositioned, and fat excised. The procedure takes under two hours to complete and is done on an outpatient basis.

What do Mini Facelifts treat?

Mini Facelifts are an excellent treatment for people whose skin tone is still good and who do not have excessive, drooping skin along the jaw line or neck. Most candidates are healthy and between the ages of 30 and 65. Mini Facelifts are also good treatments for people looking to rejuvenate previous facelifts or for those who are looking to stay ahead of the aging process.

What are Mini Facelift treatments like?

Your Mini Facelift treatment will actually begin with a consultation where we can better understand your expectations and make sure that the changes you want can be accomplished with a Mini Facelift. For the surgery, either traditional or topical anesthesia will be used, depending on the extent of the surgery. Incisions are made near the ear and hair lines. Skin is gently pulled back and excess skin is trimmed. You should expect to have eight to ten stitches near the hairline on either side of your face. These stitches will be removed about one week after surgery.

What can go wrong?

Risks include infection, nerve damage, and wounds healing improperly, but these are uncommon. Follow your physician's instructions to lessen your risk of infection and to encourage a safe healing process.

What should I expect from a Mini Facelift treatment?

Mini Facelift results are more quickly evident, but also more subtle, than traditional facelifts because they are less invasive and require less healing time. Your results will look natural, revealing smoother, more youthful facial contours and skin.