

SBC's Rejuvenation Thread Lift

SBC's Rejuvenation Thread Lift is an FDA-approved technique using a small needle to insert absorbable suture material into the tissue at the treatment area. The provider guides these threads into place and secures the threads to reposition, lift and support the tissue creating a noticeable rejuvenating difference. With adequate time allocated for topical numbing prior to the treatment, the entire procedure usually takes between 25 – 45 minutes depending on the location(s) and number of threads used. The treatment encourages an increase in collagen production at the procedure sites to help rejuvenation with results lasting approximately 12 - 15 months. A touch up may be necessary at 6 months. The best candidates are individuals ages 30-65 that have no history of plastic surgery in the treatment areas.

Areas that can be treated include lips, corners of the mouth, cheeks, sagging brows & lids, under eye bags, marionette lines, jowls, chin, neck, creases, folds and general areas of volume loss, droopiness, muscle weakness, wrinkles and sagging.

Pre-Treatment Instructions:

All patients are required to consult with a provider to review the risks, benefits, alternatives, contraindications and expectations of treatment.

Patients that take oral antibiotics prior to dental visits/work should consider a course to reduce the chance of infection if indicated by the treatment area. Patients with the risk of herpes should advise their provider, as treatment may cause an outbreak.

Arnica may be used for one week prior to treatment to help reduce swelling post treatment.

Post Care Instructions and Expectations:

- We recommend not planning any formal events for at least 7 days following the procedure to allow for adequate healing.
- If you were prescribed a course of antibiotics, please complete the entire course as directed.
- You may gently wash your treatment areas however avoid rubbing, scrubbing, facials, waxing and laser treatments for 7 - 10 days following treatment.
- Apply SPF30 or higher and avoid excessive sun exposure to prevent hyperpigmentation.
- Avoid dental visits and procedures and opening your mouth widely for extended periods of time for 14-21 days following treatment.
- Sensations such as tightness, stinging, stretching, slight redness, slight swelling and itching are normal and will gradually subside. If you experience slight pain or discomfort from these sensations you may take Tylenol 500 mg 1-2 tablets every 6 hours as directed. Avoid excessive exercise, the use of saunas/hot tubs, excessive alcohol consumption, blood thinners (unless prescribed by your doctor) and/or taking any anti-inflammatory medications such as Aleve, Naproxen or Ibuprofen for 7 - 10 days following treatment as these may affect healing and collagen production.
- Although not common, possible risks and side effects include: discomfort; scarring at the injection site(s); bleeding; bruising; swelling; infection; damage to deeper structures; allergic reactions; effects from use of anesthesia; pigment changes; partial laxity correction; delayed healing.
- In rare instances, threads may shift or break and cause irregularity or visibility of the thread. This usually is resolved with a touch up treatment and removal of the thread. Other rare complications include bruising, infection, and damage to blood vessels and nerves.
- **Contact our office immediately if you experience any unusual symptoms or reactions to your treatment sites and surrounding areas. We can be reached 24 hours a day, 7 days a week by calling: (818) 842 - 8000**