



SKIN & BEAUTY CENTER  
Cosmetic, Medical and Surgical Dermatology

[DermLA.com](http://DermLA.com)

**BURBANK**  
191 S. Buena Vista St. Suite 475  
Burbank, CA 91505  
T: (818) 842-8000  
F: (818) 842-3208

**SANTA CLARITA**  
27879 Smyth Drive  
Valencia, CA 91355  
T: (877) 822-2223  
F: (323) 935-8804



**NORTHRIDGE**  
9535 Reseda Blvd. Suite 304  
Northridge, CA 91324  
T: (818) 886-3884  
F: (818) 886-5418

William Coleman, MD  
David Friedman, MD  
Ava Khosraviani, MD  
Payam Saadat, MD  
Manjunath Vadmal, MD  
Kristen Ochsner, PA-C  
Jenna Trubschenck, M.S. PA-C

## Dermatology Treatments

### Moisturizing Compress:

Dissolve two Domeboro tablets in 1 quart of cold water and 2 ounces of Balnetar oil or Alpha-Keri oil (your pharmacist can help you find these). Keep the solution in the refrigerator. Put on a pair of thin cotton gloves, and immerse the gloved hands in the solution. Squeeze out the excess solution, and allow to almost air dry. Do not cover to prevent evaporation. Repeat the above routine as often as recommended throughout the waking hours. Apply the prescription cream (or zinc oxide ointment if no prescription cream was given) at bedtime under a pair of dry cotton gloves. Decrease the frequency of soaks as the condition improves.

### Drying Compress:

Dissolve two Domeboro tablets (your pharmacist can help you find these) in 1 pint of cold water. Keep the solution in the refrigerator. Apply the solution with gauze strips or machine washed towels. Squeeze out the excess solution, and apply to the rash for 20-30 minutes, until almost dry. Do not cover. Repeat two or three times daily, follow with the prescription cream.